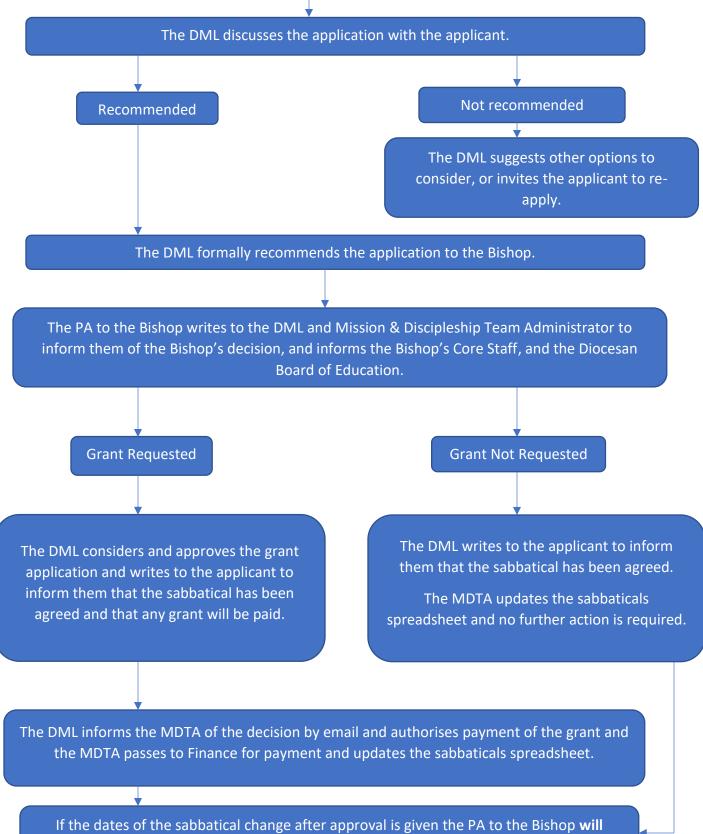
The DML receives the sabbatical application and the grant application (if requested), and emails both Archdeacons to indicate any concerns.



decide if the Bishop should be asked to reconfirm his decision.

'For six years you shall sow your land and gather in its yield; but the seventh year you shall let it rest and lie fallow, so that the poor of your people may eat; and what they leave the wild animals may eat.' Exodus 23:10-11

'Sabbatical' is rooted in the ancient Israelite intention to let farmland lie fallow for one year in every seven. This instruction was not only good practice for agriculture, community provision and biodiversity, it articulated the deeper concept of 'Sabbath', the idea that timely rest and recreation are, in themselves, godly.

As fallow land reverts to its own God-given balance, a well planned sabbatical can give you freedom to be yourself and rediscover yourself to be loved and valued by God.

Sabbaticals are a gift of time and financial resource; they are not a right. In assessing sabbatical applications, we look for intentions that will bring renewal of **heart, soul, body and mind**, that will be a blessing, not only to the applicant, but also to their family, their ministry and to the communities around them.

## Applicants for a sabbatical should normally:

- have been ordained Deacon at least 7 years
- have spent at least 3 years in their current post
- not have had a sabbatical in the last 7 years
- give consideration to the support that will be in place in their parish/context \*
- have spoken to their Area Dean
- not intend to retire within 2 years of the end of the sabbatical \*\*

## Applications for a sabbatical should normally:

- show a wise and cogent plan that will bring renewal of heart, soul, body and mind
- show intention for the sabbatical to be a blessing to the applicant's family heart
- include time set aside for 'retreat' soul
- allow for restoration of mental, emotional and physical health **body**
- include opportunity for theological nourishment and engagement mind

\* If the applicant is a Training Minister, their curate should have been in post for at least 18 months.

\*\* If an applicant intends to retire within 2 years, they are encouraged to talk to the Archdeacon Pastor. The Bishop may consider it appropriate to offer them a 4 – 6 week mini-sabbatical, to be taken in the penultimate year before retirement. If the Bishop does offer a mini-sabbatical, the applicant will be eligible for a £300 sabbatical grant. They should apply for this through a separate process